



Starters

FRENCH ONION Onions and garlic sautéed in sherry wine, finished with a beef broth, and topped with Swiss cheese and our homemade croutons. 5.25 (GF - no croutons)

NEW ENGLAND CLAM CHOWDER
Cup - 3.95 Bowl - 5.50

CHILI DUSTED SWEET POTATO CHIPS WITH BLEU CHEESE & CHIVE DIP A new favorite matches perfectly with a Margarita! 8.50 (GF)

ARTICHOKE & SPINACH DIP Artichokes and spinach baked in a creamy parmesan, jack, and cheddar sauce; served with toasted pita chips. 8.95

CRAB CAKES Crab tossed with panko bread crumbs, red peppers, onions, and parmesan, deep-fried and served with red pepper aioli and Asian slaw. 9.50

ZUCCHINI STICKS Panko battered zucchini sticks deep fried and served with horseradish and lime sour cream dip. 8.95

MUSSELS & LEEKS Mussels sautéed with butter, sweet cream, leeks, and served with bread for dipping. 10.95 (GF - no bread)

ULTIMATE NACHOS Tortilla chips topped with jalapeños, olives, tomatoes, jack, cheddar, and mozzarella cheeses; served with sour cream and our own salsa. 9.75
(Add chicken for 2.75) (GF)

LETTUCE WRAPS Savory mix of chicken and spices served with Asian slaw, Bangkok dipping sauce, and butter lettuce for wrapping. 9.75 (GF - no soy)

SESAME AHI TUNA SASHIMI Seared Ahi tuna encrusted with sesame seeds served rare with Asian slaw, pickled ginger, wasabi mayo, and soy sauce. 9.95 (GF - no soy)

THE PAGODA Choice of any three of our appetizers. 24.95

Salads

ORANGE GINGER CHICKEN Panko crusted fried chicken tossed with an orange ginger glaze and served with tomatoes, mandarin oranges, shredded carrots, wonton strips, and sesame seeds over mixed greens with mango vinaigrette. 9.95

ISLAND SALMON Grilled salmon over mixed greens topped with toasted pistachios, mandarin oranges, grilled red onions, tomatoes, and served with mango vinaigrette. 10.95 (GF)

SOUTHWEST STEAK Grilled ancho marinated steak tips, grilled red onions, roasted corn salsa, tortilla chips, and monterey jack cheese over mixed greens. 10.95 (GF)

ADRIATIC CHICKEN Grilled marinated chicken with toasted almonds, strawberries, goat cheese, red onions, tomatoes, mixed greens and served with mango vinaigrette. 10.95 (GF)

SEARED SESAME AHI TUNA Served over mixed greens with red onions, mandarin oranges, tomatoes, wonton strips, and Asian slaw with your choice of mango or wasabi vinaigrette. 12.50

CAESAR Crisp romaine tossed in creamy Caesar dressing and served with croutons. 7.95 (Add grilled chicken, steak tips, shrimp or salmon 2.75) (GF - no croutons)

DINNER SALAD Mixed greens, red onion and tomato; served with your choice of dressing. 7.95 (Add grilled chicken, steak tips, shrimp or salmon 2.75) (GF - no croutons)

**Have a group that's tight on time?
Order ahead and have your lunch
ready when you arrive! Good for
parties of six or more. Ask your
server for details.**

**New Lunch Specials Every Day!
Posted daily @ www.bluelatitudes.net
(GF) - Gluten Free**

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Please let your server know of any food allergies in your party. 18% gratuity for parties of 6 and over.

Burgers

Choose an 8 oz angus burger or substitute marinated grilled chicken!

THE WIDOW MAKER

Double thick cheddar, apple wood smoked bacon, sweet onion rings topped with mayo, lettuce, tomato, and a fried egg! 9.95

DOVER'S BEST CHEESE BURGER 7.95

1/2 pound of Black Angus straight up with lettuce and tomato.

BLEU BURGER 8.95

With roasted red peppers, caramelized onions, and Danish bleu cheese.

THE FRISCO BURGER 8.95

American cheese, pickle slices, lettuce, tomato, and 1000 island dressing.

Sandwiches

GRILLED CHICKEN PESTO

Grilled marinated chicken breast, mozzarella, lettuce, tomato, and pesto served on grilled ciabatta 8.95

RUEBEN

Shaved corned beef, sauerkraut, Swiss, and Russian dressing on griddled marble rye. 8.50

CHIPOTLE SHRIMP WRAP

Grilled shrimp, spinach, red onion, tomato, jack cheddar cheese and chipotle mayo wrapped in a sundried tomato tortilla. 9.95

TURKEY OR HAM CLUB

Smoked turkey or ham with bacon, lettuce, tomato, and mayo on toasted marble rye. 8.25

FRIED HADDOCK

Fresh haddock encrusted with a panko breading served on a bulky roll with our classic tartar sauce. 7.50

AHI TUNA WRAP

Sesame seared Ahi Tuna with Asian slaw, red onions, and wasabi aioli. 9.95

GRILLED VEGGIE WRAP

Freshly grilled veggies tossed with fresh iceberg lettuce and a balsamic vinaigrette served in a sundried tomato tortilla. 7.95

STEAK FAJITA WRAP

Grilled steak, peppers, onions, shredded jack cheddar cheese, lettuce, with salsa and sour cream on the side. 9.95

CHICKEN FAJITA WRAP

Grilled chicken breast, peppers, onions, shredded jack cheddar cheese, lettuce, with salsa and sour cream on the side. 8.95

CRAB CAKE SANDWICH

Our famous crab cake topped with a red pepper aioli served with lettuce and tomato. 10.95

All burgers and sandwiches served with fries.
1.50 for onion rings or sweet potato fries

Entrees

GRILLED STEAK TIPS

Grilled marinated steak tips served with rice pilaf and a demi salad. 11.95

FISH & CHIPS

Fresh haddock with panko crust and fries. 9.95

BAKED HADDOCK

Fresh haddock, white wine, lemon, and butter baked with seasoned bread crumbs, served with rice pilaf and a demi salad. 10.95

CHICKEN TENDERS

Tender chicken with panko crust and fries. 8.95

Kids Lunch

GRILLED CHEESE SANDWICH Simple and effective with your choice of cheese and fries 3.95

PASTA WITH MARINARA SAUCE Our home made marinara sauce over linguini 2.95

PASTA WITH BUTTER AND PARMESAN A simple butter and parmesan sauce over pasta 2.95

CHICKEN FINGERS Tender panko encrusted chicken breast served with sweet and sour or honey mustard dipping sauce and fries. 3.50

FISH AND CHIPS Fresh haddock encrusted with panko breading and served with fries and tartar sauce 6.50

GRILLED CHICKEN SANDWICH Half a chicken breast grilled and served on a roll with fresh tomato slices, lettuce and fries. 3.50

Sides

FRENCH FRIES 2.00

MIXED GREENS 2.95

CAPE COD CHIPS .95

SWEET POTATO FRIES 2.50

ONION RINGS 2.50

POTATO SALAD 2.50

ASIAN SLAW 2.50

Specialty Beverages

RASPBERRY COLA 2.50

VANILLA COLA 2.50

PEACH COLA 2.50

IBC ROOTBEER 2.25

ICED TEA 1.50

RASPBERRY ICED TEA 2.50

CHAI ICED TEA 2.50

POMEGRANATE TEA 2.50